



NC DEPARTMENT OF  
**HEALTH AND  
HUMAN SERVICES**

**ROY COOPER** • Governor  
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Division of Public Health

**March 11, 2021 (update from March 5)**

**To:** Local Health Directors, Health Care Providers, Emergency Medical Services

**From:** Jean-Marie Maillard, MD, MSc, Medical Director, Communicable Disease Branch (CDB)

**Re:** Ebola Virus Disease in Democratic Republic of Congo and Guinea - Update 1

The Centers for Disease Control and Prevention (CDC) has been closely following the outbreaks of Ebola Virus Disease (EVD) in the Democratic Republic of the Congo (DRC) and Guinea and has released Interim Guidance on Risk Assessment and Management of Persons with Potential Ebola Virus Exposure (<https://www.cdc.gov/quarantine/interim-guidance-risk-assessment-ebola.html>). We want to share this guidance with you and provide additional details on data management.

**CDB Actions**

- CDB will notify LHDs of any travelers that are destined for their LHD via NCEDSS
- CDB has created an outbreak event: 103216541 where the LHD can find the latest excel file.
- CDB will call the LHD when they receive their first traveler. Subsequent communications about additional incoming travelers will be via email.

**LHD Actions**

- Perform risk assessment in accordance with CDC guidelines, above
- For travelers with high-risk exposure requiring daily monitoring, and for those with presence in an Ebola Outbreak area but no high-risk exposure, for whom CDB requires weekly monitoring, create a Hemorrhagic Fever event in NCEDSS set the case classification as "Contact"
  - It is not required for the LHD to use the NCEDSS event to keep track of daily or weekly monitoring. However, any documentation used to monitor a traveler, such as a spreadsheet, could be attached to the event. Alternatively, the Notes section on the Dashboard could be used as well.
  - Once the monitoring period is done, the LHD should make a note on the Dashboard to that effect.
- Notify the CDB immediately if a traveler is placed under monitoring (meaning they had a high-risk exposure or were present in the outbreak area).
- CDB will coordinate with the Healthcare Preparedness Program to notify the Ebola Assessment Hospital for your area of the presence of a traveler under monitoring.

**Referral for Care**

- If a traveler under monitoring develops symptoms consistent with Ebola Virus Disease then the process for referral to assessment hospital must take place. The NCEDSS (North Carolina Electronic Disease Surveillance System, the state surveillance system

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LOCATION: 225 North McDowell St., Raleigh, NC 27603  
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for reportable diseases) Clinical Package should be completed as much as possible for travelers that develop symptoms.

- Individuals undergoing active monitoring who develop symptoms compatible with Ebola Virus Disease should be instructed to remain in place. The Communicable Disease Branch should be notified immediately at 919-733-3419.
- Symptomatic individuals should be transferred to an assessment hospital in accordance with the Ebola Virus Disease and High Consequence Pathogens CONOPS, September 2019. A copy of the travelers NCEDSS record should be shared with the assessment hospital.
- These healthcare organizations will provide the capability of assessment hospital for their specific referral areas. The eight lead hospitals are: Mission Healthcare Foundation, North Carolina Baptist Hospital, Carolinas Medical Center, Duke University Medical Center, WakeMed, University of North Carolina Hospitals, Vidant Medical Center, and New Hanover Regional Medical Center.

#### Persons Lost to Follow Up

- If a traveler cannot be contacted the LHD should notify the CDB (919-733-3419) as soon as possible. The CDB will coordinate with the CDC to determine next steps.

If you have any additional questions regarding any of these steps please call the CDB at 919-733-3419.