

PARKS & RECREATION NEWSLETTER

NORTHERN BEACH DIVISION

DARENC.GOV/PARKS

NORTHERN BEACH DIVISION STAFF:

Division Coordinator: Charlotte Midgett

Activities Specialists: John Morris Acra Styron

Acra Styron Amanda Morgan Vonnie Wescott

Administrative Technician: Susan Andres

Custodian: Kita Govan

Park Maintenance:

Brandon Patsel (Crew Leader) Shawn Riley Austin Smith

Youth Center Front Desk: Tammy Reid

Chris Ó'Brien Ron Payne

Dance Supervisor: Julie Tortelli

Dance Assistants: Kym Dunmire

IMPORTANT NUMBERS:

Main: 252-475-5920

Youth Center Lobby: 252-475-5927

Field Conditions & Game Cancellations Hotline: 252-475-5920 (then press 9)





Registration Information:

Registration for fall programs will begin on Wednesday, July 17, 2024, and programs will remain open until the registration deadline or until a program is full. Please refer to each program for specific registration deadlines. Programs that are noted with an asterisk require a separate registration, and registration will not be accepted by the Dare County Parks & Recreation Department. Our office is open from 8:30 a.m. to 5 p.m. Monday through Friday.

The age cutoff for all fall programs is September 1, 2024. <u>No exceptions.</u>

The following is a list of activities that will be offered through the Dare County Parks & Recreation Department and other youth organizations. Registration forms are available at the Dare County Parks & Recreation office, or you can register online at:

DareNC.gov/Register

PLEASE NOTE: Early registration is highly recommended. There is a \$5 late fee for registering after a program's registration deadline. We accept payment via cash, check, money order, and credit or debit cards.

STAY INFORMED of any Dare County Parks & Recreation Department Northern Beach Division news and updates by visiting <u>DareNC.gov/Subscribe</u> and subscribing to the Northern Beach Division category. Information regarding registrations and other happenings will be sent via these subscriptions and will also be posted on our <u>Facebook page</u>.



SMART START FOOTBALL



<u>Registration Deadline:</u>

Friday, September 20, 2024

Who: Ages 3-5 (with a parent)

Cost:

\$40 per child; \$60 per child non-resident fee

When:

Mondays & Wednesdays (October 7-23), 5:30 p.m. to 6:15 p.m.

Where: Dare County Youth Center in Kill Devil Hills

Limited to 20 participants.

<u>Details:</u>

This program teaches children ages 3-5 motor skills with tasks that gradually build their confidence while they have fun at the same time! Start Smart Football teaches children the basic skills necessary to play organized flag football while they work one-on-one and spend quality time with their parents. The program focuses on teaching children and their parents a variety of skills, such as throwing, catching, kicking/punting, running and agility without the threat of competition or the fear of getting hurt.

PEE-WEE/FLAG FOOTBALL

<u>Registration Deadline:</u>

Friday, September 6, 2024

<u>Who:</u>

Ages: 5-6

Cost:

\$35 per child; \$52.50 per child non-resident fee

When:

Practices will begin on Tuesday, September 17 and will be held every Tuesday and Thursday from 5:30 p.m. to 6:30 p.m.

Where:

Practices will be held at Family Recreation Park in Kill Devil Hills. Games will be held at Family Recreation Park in Kill Devil Hills and Westcott Park in Manteo.

Details:

This is an instructional no-contact flag football league that teaches the basic fundamentals and skills of the sport. No equipment will be issued; however, all participants will receive a tshirt. The ages 5-6 program is the next step up from the Start Smart Football program. Children will be placed on teams and will play two games with each team. Practices will begin on Tuesday, September 17 and will be held every Tuesday and Thursday from 5:30 p.m. to 6:30 p.m. All coaches are volunteers and must have a background check completed and passed before being allowed to coach.

IMPORTANT THINGS TO REMEMBER WHEN REGISTERING:

- Registration can be done online or in person. If there are issues with online registration, please call our office for assistance.
- A program is open until it is full. Once a program is full, children will be placed on a waiting list. If space becomes available, participants on the waiting list will be notified.
- Participants must meet the age requirement and play at age.
- Participants will not be allowed to play "up" or "down."
- Programs/schedules are subject to change without notice.
- Refunds for activities and programs will not be issued after that activity or program's registration deadline. Exceptions include medical reasons, a participant moving out of the area, or if the department cancels or reschedules a program. A \$10 processing fee will be subtracted from the refund amount.

YOUTH SOCCER



Friday, August 30, 2024

24

Location:

Nags Head Soccer Complex and Westcott Park in Manteo (ages 7-15) and Family Recreation Park in Kill Devil Hills (ages 5-6)

Who:

Ages 5-15

Details:

<u>Cost:</u>

\$35 per child for residents; \$52.50 per child non-resident fee

Coaches are all volunteers and must submit to and pass a background check before being approved to coach. Children will progress at their own pace and are taught skills to help them progress. Children must provide their own shoes and shin guards. Drafts are tentatively scheduled for the week of September 3 to September 5, with practices beginning after Labor Day. Games are tentatively scheduled to begin on Saturday, September 21.

START SMART SOCCER



Registration Deadline:

Friday, August 23, 2024

Who: Ages 3-5 (with a parent)

Cost:

\$40 per child for residents; \$60 per child nonresident fee

<u>Details:</u>

When:

Mondays & Wednesdays (September 9-25, 2024) from 5:30 p.m. to 6:15 p.m.

Where:

Dare County Youth Center and Family Recreation Park in Kill Devil Hills

Limited to 20 participants.

This program teaches children ages 3-5 motor skills with tasks that gradually build their confidence while they have fun at the same time! Start Smart Soccer teaches children the basic skills necessary to play organized soccer while they work one-on-one and spend quality time with their parents. The program focuses on teaching children and their parents a variety of skills, such as dribbling, shooting, passing, throwing, running and agility.

EQUIPMENT EXCHANGE PROGRAM

Do you have football cleats, soccer cleats or shin guards that your child has outgrown?

Bring them to the Dare County Parks & Recreation office in Kill Devil Hills now through Friday, September 20, 2024 and swap out your items for something you need. The office is open 8:30 a.m. to 5 p.m. Monday through Friday. Don't have anything to swap? Don't worry, you can still come check out what we have in our inventory or give us a call and we will be more than happy to check and hold something for you. Please call our office at 252-475-5920 for more information.

YOUTH TACKLE FOOTBALL

Registration Deadline:

Friday, August 16, 2024 or until full

<u>Who:</u>

Ages 7-12

<u>Cost:</u>

\$50 per child for residents; \$75 per child non-resident fee

When:

Conditioning: Monday, August 26 to Thursday, August 29 from 5:30 p.m. to 7 p.m. daily. Conditioning is mandatory. Equipment Fittings: Friday, August 30 at 12 p.m.

Where:

Practices: Family Recreation Park in Kill Devil Hills Games: Family Recreation Park in Kill Devil Hills and Manteo Middle School in Manteo

<u>Details:</u>

Age divisions will be determined after registration has concluded. All coaches are volunteers and must submit to and pass a background check before being approved to coach. Coaches must also take a sportsmanship and concussion in sports training course. All leagues are tackle football. Equipment is provided by the Dare County Parks & Recreation Department, with the exception of cleats. No metal cleats are permitted. Conditioning will be held from Monday, August 26 to Thursday, August 29 from 5:30 p.m. to 7 p.m. daily. Conditioning is mandatory. Equipment fittings will be held on Friday, August 30 beginning at 12 p.m.

PLEASE NOTE: Space is limited. The roster size is dependent upon the number of registrations. Please register early so we can gauge equipment/team needs.

Football Coaches Needed!

If you are interested in coaching football for children ages 7-12, please contact John Morris at 252-475-5926 or John.Morris@DareNC.gov. There will be a mandatory training/meeting for coaches on Wednesday, August 14 at 6 p.m. at the Dare County Youth Center in Kill Devil Hills.





YOUTH GYMNASTICS



<u>Who:</u>

Ages 3-17 (Age Cutoff: September 1, 2024)

Cost:

\$45 per child, per class (Preschool - Level 3) for residents; \$67.50 non-resident fee | \$90 (Level 4 & Level 5) for residents; \$135 non-resident fee

When:

Monday, August 26, 2024 to Friday, October 18, 2024

Where:

Dare County Youth Center in Kill Devil Hills

<u>Registration Deadline:</u>

Friday, August 23, 2024 or until full

Instructors:

Jonna Lewis and Emily Blair

Details:

With classes limited, early registration is highly recommended. If a participant is registered in the wrong level of class, they will be issued a refund or added to the waiting list if there is no room in the correct class level in which they need to be placed. Classes will be using many drilled-based stations. This will be an 8-week program with in-class presentations the last week of classes (October 14-18, 2024). All classes will work on beam, bars, vault and floor. This is a tentative schedule and is subject to change based on registration. The instructors will place everyone in the appropriate class. If you have questions, please email Charlotte Midgett at <u>CharlotteM@DareNC.gov</u>.

Age Level Requirements:

Mommy & Me: Ages 0-2 (with a parent)

Preschool: No skill requirements. Ages 3 to 5. Must be potty-trained; no pull-ups.

Levels 1: No skill requirements. Must be at least 5 years old.

Level 2: Must have a forward roll back to standing position and also must be able to do wall walking holding the correct form for at least 10 seconds. Must be at least 5 years old.

Level 3: Must have a strong and straight cartwheel. Also must have a bridge with straight arms and be able hold it for at least 15 seconds. Must be at least 6 years old.

Level 4: Must have a straight bridge kickover on a consistent basis. Must be at least 6 years old.

Level 5: Must have a back handspring on the floor. Must be at least 7 years old.

Boys Classes: No skill requirements. Must be at least 5 years old.

<u>Class Schedule:</u> Mondays

Level 2: 4 p.m. to 5 p.m. Level 3: 5 p.m. to 6 p.m. Level 4: 6 p.m. to 7 p.m. Level 5: 7 p.m. to 8 p.m.

Tuesdays

Preschool: 4 p.m. to 4:45 p.m. Preschool: 4:45 p.m. to 5:30 p.m. Mommy & Me: 5:30 p.m. to 6:15 p.m. Boys: 6:15 p.m. to 7 p.m. Level 4: 7 p.m. to 8 p.m.

Wednesdays

Level 1: 5 p.m. to 6 p.m. Level 3: 4 p.m. to 5 p.m. Level 4: 6 p.m. to 7 p.m. (second class with Monday) Level 5: 7 p.m. to 8 p.m. (second class with Monday)

Thursdays

Level 1: 4 p.m. to 5 p.m. Level 3: 5 p.m. to 6 p.m. Level 3: 6 p.m. to 7 p.m. Level 4: 7 p.m. to 8 p.m. (second class with Tuesday)

Fridays

Preschool: 4 p.m. to 4:45 p.m. Preschool: 4:45 p.m. to 5:30 p.m. Mommy & Me: 5:30 p.m. to 6:15 p.m. Level 2: 6:15 p.m. to 7:15 p.m. Level 3: 7:15 p.m. to 8:15 p.m.

YOUTH CHEERLEADING

Registration Deadline:

Friday, August 30, 2024 or until full

<u>Who:</u>

Ages 7-12

<u>Cost:</u>

\$40 per child for residents; \$60 per child non-resident fee

Games: Family Recreation Park in Kill Devil Hills and Manteo Middle School

Where:

When:

Games are played every Saturday as well as some Tuesday evenings. Practice days and times are TBD.

Coach: TBD

Details:

Children will cheer in their respective age groups for an assigned football team. Cheerleading outfits will be provided by the Dare County Parks & Recreation Department. Cheerleaders will cheer for the ages 7-12 football leagues. If you are interested in coaching, please contact Charlotte Midgett at 252-475-5921 or <u>CharlotteM@DareNC.gov</u>.

Cost:

\$20 for residents (per session)/\$30 for non-residents (per session)

FALL YOUTH GARDEN CLUB

Where:

Family Recreation Park pavilion and Teaching Garden (or inside the Dare County Youth Center in the event of inclement weather) in Kill Devil Hills

Instructors:

Dare County Parks & Recreation Department staff, Dunes of Dare Garden Club members and Dare County Extension Master Gardener volunteers

<u>Details:</u>

Your little gardeners will plant, maintain, harvest and enjoy the bounty of our Dare County Youth Center garden. They will also participate in fun nature-themed projects and crafts. We will be teaching activities while learning to grow food and flowers—and enjoying all that this process brings with it!

SESSION #1:

<u>Registration Deadline:</u>

Friday, August 30, 2024

When:

Wednesday afternoons from 3:30 p.m. to 4:45 p.m. (September 4, September 11 and September 18)

Limited to 12 participants per session.

SESSION #2:

Registration Deadline: Friday, September 27, 2024

When:

Wednesday afternoons from 3:30 p.m. to 4:45 p.m. (October 2, October 9 and October 16)

Who: Ages 8-12





FALL YOUTH QUIDDITCH



Who: Ages 10-14

<u>Cost:</u>

Details:

\$15 for residents \$22.50 for non-residents

When:

Fridays in September after Labor Day from 4 p.m. to 5 p.m. (September 6, September 13, September 20 and September 27)

Where: Family Recreation Park multi-purpose field in Kill Devil Hills

Minimum of 16. Maximum of 20.

If you are not familiar with the name, quidditch is a game played in the Harry Potter series of books. Quidditch as a sport is quickly gaining popularity as many colleges and universities have started their own competitive teams. A quidditch team is made up of several athletes who play with brooms between their legs at all times. Each team will have one seeker, three chasers, two beaters and one keeper. While the game can appear chaotic to the casual observer, once you become familiar with the basic rules, quidditch is an exciting sport to watch—and it's even more exciting to play!

Registration Deadline: Thursday, September 5, 2024 or until full

YOUTH CENTER AFTER-SCHOOL PROGRAM & REQUIREMENTS

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Do you have a child who is going into 6th grade or one who is in middle school or high school? Did you know that the Dare County Parks & Recreation Department offers free after-school activities to all middle school and high school students? The Dare County Youth Center in Kill Devil Hills is conveniently located beside First Flight Middle School and First Flight High School, so students can walk over after school.

There is open gym available for basketball, volleyball and dodgeball, a TV room with snack and drink machines, as well as a game room with a pool table, ping pong table and air hockey table. Students must have a new membership form on file with their current address and contact information each year. Parents and students must sign the Code of Conduct before their child will be allowed to attend. For more information on the after-school program, please contact the Dare County Parks & Recreation Department at 252-475-5920.

FALL ADULT COED SOFTBALL



If you are interested in signing up a team for our fall adult coed softball league, please contact John Morris at 252-475-5926 or <u>John.Morris@DareNC.gov</u> or contact Acra Styron at 252-475-5652 or <u>Acra.Styron@DareNC.gov</u>.

DARE COUNTY DANCE:

<u>Ages:</u>

Girls and boys, ages 3-18 (as of registration date)

<u>Where:</u> Dare County Youth Center in Kill Devil Hills

Instructors: Julie Tortelli and Kym Dunmire

When:

Starting September 9, 2024 and ending in May 2025 with a year-end recital/ class celebration

<u>Registration Opens:</u>

Wednesday, July 17, 2024

Registration Deadline:

August 23, 2024 or until a class is full

9-Month Dance Program:

- Registration forms are available at the Dare County Parks & Recreation Department office. Participants may also register online at <u>DareNC.gov/Register</u>.
- Advance and Intermediate level participants will receive an email invitation to participate in the specified class level. Please present this email invitation at the time of registration. Registration for Advance and Intermediate levels must take place in person at a Dare County Parks & Recreation Department office. After registration, payments may be completed online.
- Classes are limited in the number of participants. Early registration is recommended.
- Registration is also open to non-residents with an additional fee.

<u>Details:</u>

- When registering, all dancers must follow their age guidelines for classes.
- A welcome email will be sent to parents of dancers prior to the class's start date with more information about the Dare County Dance program, dress code, calendar, etc.
- The dance schedule is subject to change depending on registration.

<u>Benefits (included with class cost):</u>

Dance costume(s), recital video, two complimentary recital tickets per show and a recital t-shirt

Questions?

Contact Julie Tortelli, Dare County Dance Program Supervisor Email: <u>Julie.Tortelli@DareNC.gov</u> | Office: 252-475-5610 | Cell/Text: 252-475-4352

Dance Class Cost:

Cost varies. Please see the charts below and class levels on the next page. Class fees can be paid in full or split into three (3) payments.*

- 1/3 of each class cost is due at registration.
- 1/3 of the class cost is due on October 18, 2024.
 - Recital costumes will not be ordered if payments are not current.
- The final payment is due on February 14, 2025.
 - Recital costumes will not be received if payment is not completed.

If balances are not paid in full, participants will not be allowed to attend until the balance is paid. A \$15 late fee will be applied to each class after 10 days and will be enforced.

Costs do not include class attire or dance shoes for each dance style. Dancers must follow the Dare County Dance dress code for classes. (The dress code will be included in a welcome email after registering).

Class fees can be paid in full or split in three (3) payments as follows:

Dare County Resident Class Cost/Fee Schedule:

Cost of Class	lst Payment Due at Registration	2nd Payment Due October 18, 2024	3rd Payment Due February 14, 2025
\$300.00	\$100.00	\$100.00	\$100.00
\$350.00	\$116.00	\$116.00	\$118.00
\$400.00	\$133.00	\$133.00	\$134.00
\$450.00	\$150.00	\$150.00	\$150.00

Non-Resident Class Cost/Fee Schedule:

Cost of Class	lst Payment Due at Registration	2nd Payment Due October 18, 2024	3rd Payment Due February 14, 2025
\$450.00	\$150.00	\$150.00	\$150.00
\$525.00	\$175.00	\$175.00	\$175.00
\$600.00	\$200.00	\$200.00	\$200.00
\$675.00	\$225.00	\$225.00	\$225.00

Family Recreation Park Youth Center Dance Class Schedule:

Location	Day	Time	Age	Subject	Dances	Cost	Non- Resident
KDH	Monday	3:30 p.m. to 4:30 p.m.	3-4	Ballet/ Tap	2	\$400	\$600
KDH	Monday	4:30 p.m. to 5:30 p.m.	5-6	Ballet/ Tap	2	\$400	\$600
KDH	Monday	5:30 p.m. to 6:30 p.m.	7-9	Ballet/ Tap	2	\$400	\$600
KDH	Tuesday	3:30 p.m. to 4 p.m.	6-8	Нір Нор	1	\$300	\$450
KDH	Tuesday	4 p.m. to 4:45 p.m.	*Advance by invite	Ballet/ Pointe	1	\$350	\$525
KDH	Tuesday	4:45 p.m. to 5:45 p.m.	*Advance by invite	Lyrical	1	\$400	\$675
KDH	Tuesday	5:45 p.m. to 6:15 p.m.	*Advance by invite	Нір Нор	1	\$300	\$450
KDH	Tuesday	6:15 p.m. to 6:45 p.m.	*Advance by invite	Тар	1	\$300	\$450
KDH	Tuesday	6:45 p.m. to 8 p.m.	*Advance/ Intermediate by invite	Production	1	n/c	n/c
KDH	Wednesday	3 p.m. to 4 p.m.	3-4	Ballet/ Tap	2	\$400	\$600
KDH	Wednesday	4 p.m. to 5:30 p.m.	7-9	Ballet, Jazz, Tap	3	\$450	\$675
KDH	Wednesday	5:30 p.m. to 7 p.m.	10-12	Ballet, Jazz, Tap	3	\$450	\$675
КДН	Wednesday	7 p.m. to 7:30 p.m.	10-12	Lyrical	1	\$300	\$450
КДН	Thursday	3:40 p.m. to 4:10 p.m.	9-12	Нір Нор	1	\$300	\$450
КДН	Thursday	4:15 p.m. to 5:15 p.m.	*Senior by invite	Solo/Duo	1	n/c	n/c

Dance Class Schedule (continued):

Location	Day	Time	Age	Subject	Dances	Cost	Non- Resident
KDH	Thursday	5:15 p.m. to 6 p.m.	*Intermediate by invite	Ballet/ Pointe	1	\$350	\$525
KDH	Thursday	6 p.m. to 6:45 p.m.	*Intermediate by invite	Lyrical/ Modern	1	\$350	\$525
KDH	Thursday	6:45 p.m. to 7:15 p.m.	*Intermediate by invite	Нір Нор	1	\$300	\$450
КДН	Thursday	7:15 p.m. to 7:45 p.m.	*Intermediate by invite	Тар	1	\$300	\$450
КДН	Saturday	9:30 a.m. to 10:30 a.m.	3-4	Ballet/ Tap	2	\$400	\$600
КДН	Saturday	10:30 a.m. to 11:30 a.m.	5-6	Ballet/ Tap	2	\$400	\$600
KDH	Saturday	11:30 a.m. to 12:15 p.m.	7+	*NEW* Baton Twirling	1	\$350	\$525

Questions?

Contact Julie Tortelli, Dare County Dance Program Supervisor Email: <u>Julie.Tortelli@DareNC.gov</u> | Office: 252-475-5610 | Cell/Text: 252-475-4352



OTHER PROGRAMS:*

All classes provided below have a unique link for registration. Please see registration instructions listed for each program below.

*SOFT STICK LACROSSE (CO-ED)

<u>Who:</u>

1st and 2nd graders

<u>Cost:</u>

\$30 per child, plus U.S. Lacrosse membership. All players get a reversible jersey.

Where: Family Recreation Park in Kill Devil Hills

Limited to 25 participants.

When:

September 16 to October 30 Monday and Wednesday evenings from 5:30 p.m. to 6:30 p.m.



<u>Instructor</u>: John Van Lunen

Registration Opens July 1:

<u>https://obx-</u> <u>lacrosse.leaguemanagement.usalacrosse.com/sea</u> <u>sons/player-registrations/landing-page/4687</u>

<u>Details:</u>

This coed program will introduce 1st and 2nd graders to a non-contact version of lacrosse. Basic skills of catching, passing, cradling and scooping will be taught in an environment of fun and games.

John Van Lunen is a former preschool P.E. teacher as well as the head boys lacrosse coach at First Flight High School. He has over 30 years of experience playing, coaching and officiating lacrosse. He believes the best way to teach is to keep kids moving while keeping the activity fun.

If you have questions, please email John Van Lunen at fflaxcoach@gmail.com.



*OBX TENNIS ASSOCIATION AFTER-SCHOOL CLINIC 1



Registration Deadline: Thursday, August 15, 2024 or until full.

<u>Ages:</u>

Elementary school (beginner) (ages 7-10, approximately)

Cost:

\$135 per child for the month of September (two times per week equaling eight sessions). Your child can also attend the Friday Fun Day once a month at no cost. Pizza and match time on court.

When:

Monday - Thursday, from 3:30 p.m. to 4:30 p.m. (pick two days on the Team Reach app each week to attend). A Friday Play Day will be held once a month. (September 4-30).

Registration:**

https://playtennis.usta.com/outerbankstennisassociati oninc/Coaching/Book/bd5415fc-ce41-49a8-8c4de1e8b3142ca0

Where:

Family Recreation Park in Kill Devil Hills

Limited to 16 participants.

<u>Details:</u>

Rain makeup dates will be attempted on other designated days of play. Registration for tennis is done monthly through November. For more information, please contact Cindy Perry at <u>obxtacc@gmail.com</u>.

*OBX TENNIS ASSOCIATION AFTER-SCHOOL CLINIC 2



Registration Deadline: Thursday, August 15, 2024 or until full.

<u>Ages:</u>

Elementary school and middle school (ages 11-14, approximately)

<u>Cost:</u>

\$135 per child for the month of September (two times per week equaling eight sessions). Your child can also attend the Friday Fun Day once a month at no cost. Pizza and match time on court.

Where:

Family Recreation Park in Kill Devil Hills

<u>Details:</u>

Rain makeup dates will be attempted on other designated days of play. Registration for tennis is done monthly through November. For more information, please contact Cindy Perry at <u>obxtacc@gmail.com</u>.

**Parents may also register by check. Please include the child's name, age, day, and email and phone number. Checks can be mailed to: OBXTA, P.O. Box 1665, Kitty Hawk, NC 27949

When:

Monday - Thursday, from 4 p.m. to 5 p.m. (pick two days on the Team Reach app each week to attend). A Friday Play Day will be held once a month. (September 4-30).

Registration:**

https://playtennis.usta.com/outerbankstennisassociat ioninc/Coaching/Book/4caf6c7c-c2e6-448d-adeb-7883bd715559

Limited to 16 participants.