



## Progress on CHIPs

## Mental Health CHIP Progress

### ***Mental Health First Aid***

Dare County now has two individuals trained to provide the Youth Mental Health First Aid curriculum. The Breaking Through Task Force, in collaboration with Dare County Department of Health & Human Services, sought out scholarships for two team members to become trainers. Currently, the course is available for little to no cost to any individual who lives or works with young people. The first class was hosted in November and had approximately 15 participants.

### ***Breaking Through Task Force Public Awareness Campaign***

The Breaking Through Task Force received a Community Benefit Grant for Mental Health Public Awareness Initiatives. The Task Force created 4 video PSAs on the following topics: stigma & language, mental health champions, mental health and the Breaking Through Task Force.

## Substance Abuse CHIP Progress

### ***Saving Lives Response Team***

In Spring of 2019, the Saving Lives Response Team pilot project expanded to provide services to all of Dare County. Within 24 to 72 hours after a reported opioid overdose, an outreach worker from Saving Lives Response Team attempts a face to face contact with the overdose survivor and provides a naloxone kit, overdose prevention training, and links to services. In addition to responding to overdoses, individuals can call the response team and request assistance in navigating treatment options. The outreach worker will meet with individuals, assist with paper-work, and provide transportation to treatment if necessary.

### ***Saving Lives Task Force: Public Awareness & Education Campaign***

A weekend Family Systems Workshop provided professionals, family members and loved ones with skills and tools necessary to begin or help others through the healing process and develop resiliency. The program material covered: the disease of addiction, boundaries, codependency, family systems, experiential therapy exercises and process groups. Professionals who attended the weekend event were provided 10 free professional continuing education credits. This workshop was made possible by The Blanchard Institute, Saving Lives Task Force, Holland & Associates Counseling.

### ***G.R.E.A.T. program***

The G.R.E.A.T. (Gang Resistance Education and Training) Program is a national and international gang and violence prevention program that was developed by The Office of Juvenile Justice and Delinquency and The U.S. State Department / International Narcotics and Law Enforcement Affairs almost 30 years ago. This program has been shown to build trust between law enforcement officers and their communities by teaching elementary and middle school students the GREAT curricula (in the classroom). The curricula is designed to teach the students life skills that direct them away from delinquency, youth violence, and gang membership. It is designed for children that are at the prime age for introduction to gangs and delinquent behavior.

### ***Pill Disposal Bags & Drop Boxes***

All pharmacies in Dare County have free pill disposal bags available upon request. The initiative began in September 2019. CVS Pharmacies in Manteo and Kill Devil Hills and Walgreens in Kill Devil Hills have also installed drop boxes.

## Morbidity and Mortality Changes Since Last CHA

### **Mortality Data Changes**

Mortality Data has not changed since the previous CHNA data.

Mortality Rates, Age-Adjusted, 2012-2017		
Cause of Death	2012-2016	2013-2017
Diseases of the Heart	157.3	153.2
Cancer	161.9	168.1
Pneumonia & Influenza	44	34.1
Chronic Lower Respiratory Disease	35.4	38.3
Cerebrovascular Diseases	30	35
Alzheimer's Disease	20.8	24.5
Suicide	20.2	19.6
Unintentional Non-Motor Vehicle Injury	35.1	39
Unintentional Motor Vehicle Injury	n/a	n/a
Chronic Liver Disease & Cirrhosis	15	17.7
Septicemia	12	11.5
Nephritis, Nephrotic Syndrome & Nephrosis	13.6	15.7
Diabetes Mellitus	n/a	8.8
Homicide	n/a	n/a
Acquired Immune Deficiency Syndrome	n/a	n/a
Total Mortality Rate	700.2	722

n/a indicates fewer than 20 cases; NC State Center for Health Statistics, County Health Data Book (2016), Mortality, 2010-2014 Race- Specific and Sex-Specific Age-Adjusted Death Rates by County; (2018), Mortality, 2012-2016 Race- Specific and Sex-Specific Age-Adjusted Death Rates by County

### Morbidity Data Changes

Morbidity data indicates an increase in oral and pharynx cancer, lung and bronchus cancer, liver and bile duct, breast cancer, colorectal cancer, and all cancers.

Percent	2014	2015	Source
Adults 20+ with Diabetes	10%	10%	1
Adults 20+ with Obesity	25%	24%	1

  

Rates	2010-2014	2013-2017	
All Cancer Incidence	430.1	480.0	2
Oral Cavity & Pharynx Cancer	14.3	19.2	2
Ovarian Cancer	13.5	11.4	2
Lung & Bronchus Cancer	68.7	77.3	2
Pancreatic Cancer	12.2	n/a	2
Bladder Cancer	20.1	14.0	2
Prostate Cancer	113.4	108.0	2
Liver & Bile Duct	7.0	11.7	2
Breast Cancer	116.3	131.0	2
Colorectal Cancer	35.7	37.3	2

1 County Health Rankings, 2018 & 2019, <https://www.countyhealthrankings.org/app/north-carolina/2021/rankings/dare/county/outcomes/overall/snapshot>

2 Cancer, <https://www.statecancerprofiles.cancer.gov/incidencerates/>

### Emerging Issues Since Last CHA

There have been no emerging issues since the last CHA.

**New Initiatives**

Dare County Recovery court began in 2019.

Saving Lives Response team began their pilot in Spring of 2019.

Two individual were trained to provide Youth Mental Health First Aid in Summer of 2019.